

Capable Kids Camp



WHAT WE DO:

Harc provides up to 30 Hartford area youth with intellectual and related disabilities access to an inclusive summer camp program providing recreational, literacy and life skills experiences. The program is offered free of charge five days a week for six weeks during the summer to low and moderate income families.

Participants in the program are able to enhance socialization and living skills as well as their health and well-being through participation in activities with their peers (with and without disabilities).

Camp is available to children ages 5-21.

For more information please contact:

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Changing lives, changing minds

SERVICES PROVIDED:

- ▶ Inclusive summer program for campers with intellectual or related disabilities
- ▶ Camp activities to help improve personal growth and the quality of life for our participants
- ▶ In collaboration with Camp Courant, the children are able to share their experiences with peers of all abilities, cultures and backgrounds
- ▶ Camp activities include: arts and crafts, swimming, dance, basketball, yoga, zumba, and other specialized programs, like theatre, and healthy eating, which are brought to the camp through grants and generous donors

Since 1951 Harc has been *Sparking Possibilities* for those with intellectual disabilities. Harc provides special needs support for a lifetime to individuals and their families so they may enjoy lives of quality, inclusion and dignity.